

11. DIETARY POLICY

We offer the children a drink and variable snacks within the session and we cook on a regular basis. Sharing refreshments is an important social occasion for the children within the group. If your child has any special dietary requirements or has an allergy to any substances please ensure it is on your child's registration form. You must also inform the playleader verbally and in writing to ensure that it is recorded correctly. All staff need to be aware of any dietary requirements. Medical, cultural and dietary needs will be met.

We ask you not to give your children treats or sweets to bring into the playgroup as this causes disruption and can be a health hazard.

CHEWING/BUBBLE GUM IS NOT to be brought into playgroup.

If there are any adults that are able to demonstrate or give advice on dietary/cultural information, the playgroup would be very keen to include this within the curriculum to increase knowledge and understanding in these areas of learning.

As some children have allergies and dietary needs, we ask when doing packed lunches that there are no:

- Nuts and Nut products (this includes Peanut Butter and Nutella)
- Shellfish (prawns and prawn products including skips)
- Kiwi Fruit.

At Royston Playgroup we try to support and encourage children to eat a healthy range of food.

PLAYLEADER SIGNATURE.....

DATED.....

COMMITTEE SIGNATURE.....

DATED.....